

## Fitting Guide



- Holding the pillows at your nose, pull the headgear over your head.
- Headgear should sit midway between the ears and eyes.



- Adjust the top strap first.
- Pull the strap through the buckle one notch at a time.
- Do not overtighten.



- Adjust the backstrap to fine-tune the fitting if necessary.
- Do not overtighten.
- The backstrap can be positioned over or under the hair.



- Swift™ FX for Her pillows are designed to provide a natural fit.
- Minor adjustment can help position the pillows at the most comfortable angle in the nose.



- Connect the Swift FX for Her short tube to the device air tubing.
- Swift FX for Her is now fitted and ready for use.



- With the device turned on, check that the nasal pillows are properly inflated. To do this, pull the nasal pillows away from the face and cheek, make sure they are inflated and reposition them in the nose.