

Achieving the Right Fit

1. Hold the mask lightly against the patient's face, and slide the headstrap over his/her head (Figure 3). Use the tabs on the headstrap to adjust the strap length.

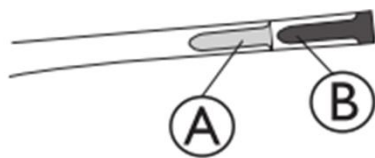


 Figure 2

A = Blue Tabs
B = Black Tabs



 Figure 3

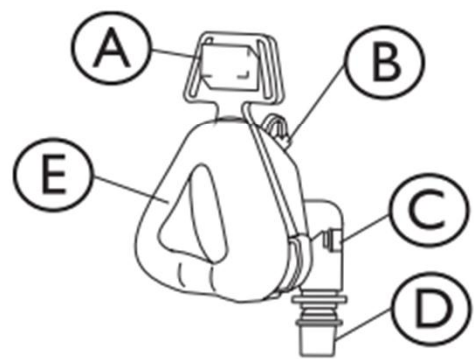



 Figure 4

A = Foam Forehead Spacer
B = Removable Port Cap
C = Exhalation Port
(Do not block or seal)
D = Mask Swivel
E = Mask Cushion

2. Connect the flexible tubing (included with the CPAP or bi-level device) to the swivel elbow (Figure 4). Turn on the CPAP or bi-level device.
3. Lie down and breathe normally through your nose keeping your lips closed. Unhook and gradually tighten the straps until the mask has minimal leaks and fits comfortably.

 **Note:** Do not overtighten the headstraps. Overtightening can irritate the patient's face, cause or worsen leaks, or cause damage to the mask.