



Z1 Battery Saving Tips

1. Change to Z breathe 1 (hold up/down button together while in standby mode and toggle between numbers). This is the best battery saving mode. Or you can do the hardware update on the HDM website. [Click here to download](#) for detailed instructions. After the update, the Z breathe 2 setting will save the same amount of battery as the 1 originally did.

ALL Z1s SHIPPED AFTER 1/25 WILL BE UPDATED ALREADY.

2. The auto setting is best because this will keep the pressure low until an apnea event occurs. This way it will use less battery/power.
3. Unplug the battery from the power shell as this will drain the battery. You may leave the Z1 in power shell. That does not drain the battery.
4. When charging, wait until the screen stops flashing, not when the battery bar is showing full (this means it's charged at 70% whereas the blinking stopping is 100%).